Modifications:

- bags of balls or fabric or a ball pit may be used instead of pillows

TB
Tactile

176

Pre-K Tactile Activity B

Cushion Roll

Instructions:

- Jumble large, soft cushions and pillows of different textures on the floor and have the child roll all over them.

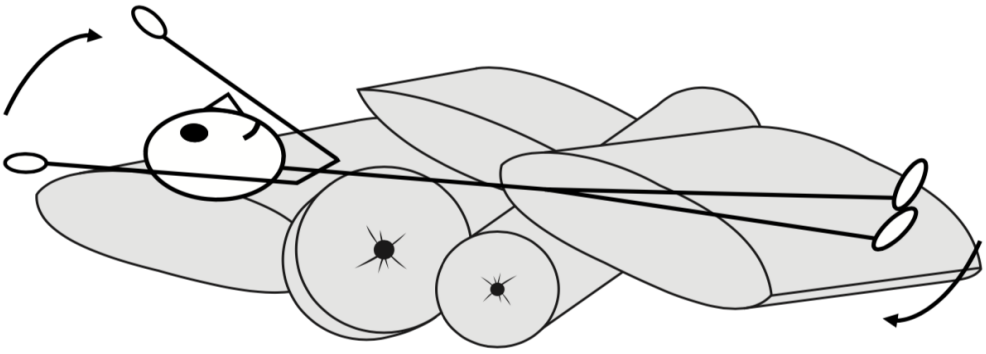
Performance Objectives:

- To allow the child an opportunity for full body tactile experience with several textures, as well as the motor capacity to roll on a varying surface

Further Suggestions:

- With direct adult supervision, this can be adapted to sandwich games using the cushions.
- Can also be done with towels, small mats, silky fabric, etc.

Pre-K Approved



TB

Intensity Level

Level of Difficulty



Cushion Roll

Ready Bodies, Learning Minds © 2016 by Athena Oden, PT /www.readybodies.com/ISBN 978-0-9747827-4-4